

Year	Name	Race	Time	Gender
1980	Craig Hazen	5k	18:03	Male
1980	Ron Smith	10k	33:15	Male
1980	Mary Peet	5k	21:08	Female
1980	Kathy Kidd	10k	47:12	Female
1981	David Gulbraa	5k	16:31	Male
1981	Harold Goddard	10k	35:35	Male
1981	Chris Hoth	5k	19:17	Female
1981	Deb McLaughlin	10k	41:08	Female
1982	Dave Coppock	5k	16:39	Male
1982	Dave Gulbraa	10k	33:04	Male
1982	Kelly Cole	5k	21:07	Female
1982	Chris Hoth	10k	39:04	Female
1983	Dave Coppock	5k	15:41	Male
1983	Dave Gulbraa	10k	32:09	Male
1983	Shannon Burgess	5k	20:13	Female
1983	Deb Magilke	10k	37:23	Female
1984	Peter Young	5k	17:19	Male
1984	Bruce Ross	10k	31:42	Male
1984	Paula Priest	5k	19:31	Female
1984	Deb Magilke	10k	39:12	Female
1985	Clint Gerheart	5k	16:42	Male
1985	Dave Coppock	10k	33:24	Male
1985	Ann Woodward	5k	19:51	Female
1985	Deb Magilke	10k	37:46	Female
1986	Colin Hanley	5k	16:15	Male
1986	Don Becourt	10k	31:50	Male
1986	Kathleen Jimison	5k	21:21	Female
1986	Stacy Page	10k	41:21	Female
1987	Jim Bailey	5k	17:07	Male
1987	Dave Coppock	10k	33:38	Male
1987	Cindy Reid	5k	21:30	Female
1987	Deb Magilke	10k	36:43	Female
1988	Jim Bailey	5k	17:25	Male
1988	Dave Coppock	10k	33:44	Male
1988	Stephanie Redeau	5k	24:50	Female
1988	Deb Magilke	10k	36:41	Female
1989	David Young	5k	19:31	Male
1989	Mike Layman	10k	36:59	Male
1989	Tammy Graham	5k	19:31	Female
1989	Chris Dorr	10k	40:35	Female

1990	Ray Matteson	5k	16:29	Male
1990	Bill Brist	10k	32:00	Male
1990	Karen Sanford Gall	5k	17:58	Female
1990	Deb Magilke	10k	36:50	Female
1991	Tony Banovich	5k	16:08	Male
1991	Dave Coppock	10k	33:00	Male
1991	Flora High Hock	5k	19:53	Female
1991	Deb Magilke	10k	37:21	Female
1992	Dave Coppock	5k	17:12	Male
1992	Tony Banovich	10k	33:40	Male
1992	Karen Sanford Gall	5k	19:26	Female
1992	Deb Magilke	10k	38:14	Female
1993	Tony Banovich	5k	15:36	Male
1993	Dave Coppock	10k	34:21	Male
1993	Deb Magilke	5k	18:38	Female
1993	Karen Sanford Gall	10k	36:49	Female
1994	Dave Coppock	5k	16:32	Male
1994	Dennis Deppmeier	10k	37:39	Male
1994	Renee Coppock	5k	18:44	Female
1994	Karen Standford Gall	10k	33:26	Female
1995	Troy Schulz	5k	18:34	Male
1995	Dave Coppock	10k	37:36	Male
1995	Karen Sanford Gall	5k	18;40	Female
1995	Malia Merriss	10k	53:15	Female
1996	Tony Banovich	5k	16:29	Male
1996	Dave Coppock	10k	34:57	Male
1996	Karen Standford Gall	5k	18:15	Female
1996	Kathy Wilkinson	10k	43:14	Female
1997	Mark Bolt	5k	17:23	Male
1997	Carl Hanson	10k	34:46	Male
1997	Stephanie Kundra	5k	20:15	Female
1997	Christy Cormier	10k	44:16	Female
1998	Tyler Sekavec	5k	17:11	Male
1998	Jason Ridgway	10k	34:05	Male
1998	Karen Sanford Gall	5k	18:45	Female
1998	Kathy Aragon	10k	38:49	Female
1999	Tony Banovich	5k	16:11	Male
1999	Jason Ridgway	10k	33:08	Male
1999	Karen Standford Gall	5k	18:27	Female
1999	Kathy Aragon	10k	38:22	Female
2000	Roger Magalsky	5k	17:53	Male

2000	Dennis Newell Jr	10k	33:57	Male
2000	Laura Swogger	5k	19:41	Female
2000	Karen Sanford Gall	10k	39:22	Female
2001	James Holden	5k	17:27	Male
2001	Kelly Fulton	10k	34:37	Male
2001	Kathy Aragon	5k	20:26	Female
2001	Sylvia Fisher	10k	40:44	Female
2002	Kelly Fulton	5k	16:34	Male
2002	Lewis Elliot	10k	33:18	Male
2002	Kathy Aragon	5k	18:54	Female
2002	Dani Salois-Shahan	10k	38:44	Female
2003	Kelly Fulton	5k	16:42	Male
2003	Tony Banovich	10k	35:09	Male
2003	Dani Shahan	5k	18:27	Female
2003	Karen Sanford Gall	10k	39:08	Female
2004	Matt Winter	5k	16:23	Male
2004	Zack Hunter	10k	36:44	Male
2004	Kathie Perrins	5k	21:03	Female
2004	Sylvia Fisher	10k	41:14	Female
2005	Kelly Fulton	5k	16:47	Male
2005	Ian Cox	10k	37:23	Male
2005	Hope Smith	5k	20:43	Female
2005	Kathy Aragon	10k	40:43	Female
2006	Joshua Schmitt	5k	18:55	Male
2006	Josh Dean	10k	39:09	Male
2006	Karen Sanford Gall	5k	19:40	Female
2006	Jen Reiter	10k	42:17	Female
2007	Richard Romersa	5k	17:19	Male
2007	Alan King	10k	33:45	Male
2007	Sammy Twito	5k	21:50	Female
2007	Sarah Graves	10k	40:40	Female
2008	Alan King	5k	16:30	Male
2008	Josh Dean	10k	36:42	Male
2008	Lauren Wright	5k	20:31	Female
2008	Sarah Graves	10k	40:17	Female
2009	Alan King	5k	16:10	Male
2009	Kurt Newhall	10k	35:15	Male
2009	Amber Watson	5k	19:51	Female
2009	Sarah Graves	10k	38:28	Female
2010	Alan King	5k	15:58	Male
2010	Richard Knowlton	10k	35:53	Male

2010	Sarah Graves	5k	18:41	Female
2010	Jen Reiter	10k	40:25	Female
2011	Alan King	5k	16:32	Male
2011	Richard Knowlton	10k	38:04	Male
2011	Lisa Minnehan	5k	18:44	Female
2011	Jen Reiter	10k	41:20	Female
2012	Brian Potter	5k	16:42	Male
2012	Noah Kiprono	10k	33:15	Male
2012	Lisa Minnehan	5k	18:55	Female
2012	Sarah Graves	10k	38:49	Female
2013	John Ricardi	5k	15:44	Male
2013	Noah Kiprono	10k	32:43	Male
2013	Christina Aragon	5k	19:43	Female
2013	Chelsea Dana	10k	39:44	Female
2014	Tyson Vanderby	5k	17:02	Male
2014	Robert Peterson	10k	33:12	Male
2014	Baylee Green	5k	20:48	Female
2014	Nicole Lair	10k	40:47	Female
2015	Kiprotich Koech	5k	16:35	Male
2015	Robert Peterson	10k	32:39	Male
2015	Tiahna Vladic	5k	19:22	Female
2015	Jennifer Sloan	10k	39:44	Female
2016	Levi Taylor	5k	17:59	Male
2016	Robert Peterson	10k	33:04	Male
2016	Tiahna Vladic	5k	18:11	Female
2016	Nicole Lair	10k	39:23	Female
2017	Tiahna Vladic	5k	18:47	Female
2017	Tyus Mendoza	10k	34:24	Male
2017	Paul Sovik Siemens	5k	16:44	Male
2017	Makiko Yamashita Hunt	10k	40:25	Female
2018	Mackenzie O'Dore	5k	19:34	Female
2018	Levi Taylor	10k	34:12	Male
2018	Dawson Larance	5k	17:37	Male
2018	Nicole Trottier	10k	40:01	Female